

Motivate with Appreciation

Modality: On Demand

Duration: 15 Min

About the course:

Appreciation is among the most unexplored and underestimated means of motivating one another. Students will discover a simple three-step tool in this module, which strikes at the heart of appreciation. You are going to be able to encourage people in a way that feels right, and many studies have proved effective. Using this resource to stimulate, encourage and motivate those around you at home or work.

Duration of Course:

This course is based on 15 minutes.

Prerequisites:

There is no prerequisite in this program.

Course Outline: