

## **Motivate with Appreciation**

**Modality: Self-Paced Learning**

**Duration: 15 Min**

**SATV Value:**

**CLC:**

**NATU:**

**SUBSCRIPTION: Learn, Master**

### **About the course:**

Appreciation is among the most unexplored and underestimated means of motivating one another. Students will discover a simple three-step tool in this module, which strikes at the heart of appreciation. You are going to be able to encourage people in a way that feels right, and many studies have proved effective. Using this resource to stimulate, encourage and motivate those around you at home or work.

### **Duration of Course:**

This course is based on 15 minutes.

### **Prerequisites:**

There is no prerequisite in this program.

### **Course Outline:**