

Get out of Your Head and Make Decisions with DEAM

Modality: Self-Paced Learning

Duration: 15 Min

SATV Value:

CLC:

NATU:

SUBSCRIPTION: Learn, Master

It's easy to get sidetracked when you're trying to make important decisions. D.E.A.M. is a tool designed to easily separate distractions from focused thoughts. You'll be left with a concentrated batch of clear ideas. Take this course, try the 3 minute exercise, and you'll be making decisions more efficiently in no time.

Course Outline: